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WELLBEING: HOW DID MATERIAL GIRL GET SO JACKED? {page 14}

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gift guide

Lingerie is a win-win gift

Seriously, you love to either give or get it on Valentine's Day
{pages 12, 16}

GETTY IMAGES

Hell or high water: City demands disaster prep

Experts paint grim picture for vulnerable property owners Mayor convenes task force to review climate-change preparedness MBTA to be examined {page 02}

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Flooded Hub: Boston prepares for next destructive superstorm

Boston Harbor Report released yesterday outlines a flooded future ◗ Menino calls for inspection of vulnerable buildings, T stations ◗ Hub dodged a bullet with Hurricane Sandy

If Hurricane Sandy had hit Boston five hours earlier, during high tide, nearly 7 percent of the city could have been flooded and waters could have crept as far inland as City Hall.

But the Hub lucked out. On Oct. 29, Sandy's storm surge hit the city near low tide, causing minor coastal flooding. The concern for residents and businesses across the historical coastal city is that next time we won't be so fortunate.

"We can't predict the next superstorm, but we can prepare for it," Mayor Thomas Menino said yesterday during a media availability at the New England Aquarium.

Menino was joined by Boston Harbor Association President Vivien Li to mark the release of the group's new report, "Preparing for the Rising Tide," which lays out recommendations for property owners to prepare for projected changes in sea level and coastal flooding over the next 90 years.

According to the Boston Harbor Association, sites that may be at risk for increased storm flooding by 2050 include Logan Airport, the Boston Convention and Exhibition Center, and the Bay State Expo Center at UMass Boston.

The report also shows that by 2100, flooding in the city may increase by six feet.

To drive the point home, the head of a local development company painted a grim picture for coastal property owners who aren't prepared for the city's next big storm.

"Your staff is preparing and doing things like putting sandbags outside," said Bryan Koop, senior vice president of Boston Properties. "You visit your lobby in the morning and everything seems fine. By 10:00, you come in and there's water coming down the street, but it's not really rushing down."

According to Koop, things could get very bad, very fast.

"You ... check on your customers come down at [noon], and all of a sudden you realize the water is up to the window; it's a couple of feet high. Within seconds, it's above your head and water is rushing against windows of your lobby."

"Suddenly, there's an explosion. Debris is coming in from all areas and you're racing for the staircase for your life. Downstairs, you find out later that your engineers swam for their lives … and luckily they survived. This is not a movie. This took place in New York City."

Morgan Rousseau
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BOSTON HARBOR ASSOCIATION

▶ In this map included in the report, areas shaded in blue are flooded with more than 6 feet of water.

"Suddenly, there's an explosion. Debris is coming in from all areas and you're racing for the staircase for your life. Downstairs, ... your engineers swam for their lives. ... This is not a movie. This took place in New York City." BRYAN KOOP, BOSTON PROPERTIES

Flood planes

Prime sites that may be at risk for increased storm flooding by 2050:

- Boston Logan International Airport
- The Boston Convention and Exhibition Center
- The Bay State Expo Center at UMass Boston

30%

By the end of the century, scientists predict there will be a 5-foot storm surge and 2.5-feet rise in sea level, which means that 30 percent of the city would be flooded — including the Back Bay and portions of Beacon Hill.

BOSTON HARBOR ASSOCIATION

▶ Sandy flooded the Fort Point Channel.

Planning ahead

In the next six months, the Boston Redevelopment Authority will check out "vulnerable" buildings and MBTA stations and increase climate preparedness requirements in new development. It will also draft a Wetlands Ordinance and develop new floodplain maps. Mayor Menino will convene a cabinet-level Climate Preparedness Task Force to review climate-change preparedness policies.

In the news

20K

A transgender homeless woman was paid $20,000 by the city of Boston in exchange for dropping her lawsuit against the officers who arrested her in 2010, according to the Globe. The woman refused the leave the ladies' room of a homeless shelter, and police were called in and arrested her on disorderly conduct charges. The woman said the officers humiliated her. The police department said superior officers are meeting with members of the transgender community. METRO/GLOBE

Today's local tweet

"New busker with blown-out, raspy voice singing children's tunes and strumming guitar on the Red Line in the AM. Takes all types! #mbta"

@WHOLEHEARTLOCAL, ON THE SOUNDS OF HER MORNING COMMUTE

In the news

Prosecutors to brief Congress on Swartz

MASSACHUSETTS. Officials from the U.S. Department of Justice will brief a congressional committee on details over the prosecution of Internet activist Aaron Swartz.

The House Committee on Oversight and Government Reform sent a letter to the Justice Department requesting more information on the case that resulted in Swartz's suicide, according to the Globe.

▶ Swartz

Swartz was being charged in federal court for allegedly breaking into a journal database at MIT and downloading millions of articles. He hanged himself in his New York apartment last month.

Swartz's family blamed the U.S. Attorney's Office in part for his death. METRO

Police arrest man for attacks on women in Roxbury

BOSTON. A 38-year-old Roxbury man was arrested for allegedly sexually assaulting two women in Roxbury last weekend.

Tikee Beverly pleaded not guilty yesterday, and his bail on a previous case was revoked.

Beverly allegedly lured the women to an abandoned property on Washington Street where he sexually assaulted them. One incident occurred Saturday morning and the other early Sunday morning.

Beverly was out on bail for a pending assault and battery case in Dorchester. METRO

News in brief

Rep. Winslow exploring Senate run in special election

NICOLAUS CZARNECKI/METRO

▶ Winslow

MASSACHUSETTS. Norfolk Rep. Dan Winslow announced yesterday that he's forming a committee to explore running in the Senate special election that began Friday when John Kerry resigned to become secretary of state.

Former Gov. William Weld, former Lt. Gov. Kerry Healey, former Sen. Scott Brown and former Senate Minority Leader Richard Tisei are among the Republicans who have announced in recent days that they will not enter the contest.

Reps. Edward Markey and Stephen Lynch are competing for the Democratic nomination in the June 25 special election. SHNS

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Spring session: **Thursdays, March 7 – April 25, 6:30-7:45pm** (8 classes)

Fall session: **Thursdays, September 12 – October 31, 6:30-7:45pm** (8 classes)

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Registration required. Click **bidmc.org/minimed** or call **617-667-9050.**

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DA: Fight over BB gun led to son killing father

- Weymouth man pleads not guilty to killing his father
- Court documents, lawyers detail strained relationship
- Son distraught when he learned father didn't survive

A son's alleged deadly blow to his father's head was the result of a strained relationship between the two that reached a fatal and tragic peak Monday afternoon with an argument over a BB gun, authorities and lawyers said.

Michael Beaudry, 20, pleaded not guilty to murdering his 58-year-old father Ronald outside their Weymouth home. Beaudry was arraigned in Quincy District Court yesterday and ordered held without bail.

The incident started Monday afternoon when Beaudry wanted to use his BB gun, authorities said. Beaudry's father did not want him to take the gun outside because he had previously frightened neighbors who called police when they thought Beaudry was carrying a real gun.

Beaudry went outside to access the bulkhead door to the basement, and his father followed him to make sure he didn't take the gun outside.

Attorneys said Beaudry was carrying a propane tank and PVC pipe to make a rocket at a friend's home.

With his father following him and the argument escalating, authorities said Beaudry turned and struck his father in the head with the PVC pipe, causing him to fall.

Beaudry rushed back inside to grab a shirt to wrap around his father's bleeding head, the police report stated. The commotion caused Shirley Beaudry to come outside and find her son next to her husband's body.

POOL PHOTO

▶ Beaudry appeared in court yesterday in a yellow hospital gown. He looked down when a prosecutor recounted the incident for the judge.

Strained relationship

Beaudry talked to officers about the relationship he had with his father.

"Beaudry stated he and his dad have been 'fighting for years' and they're 'butting heads all the time,'" according to a police report.

Atwood said his client had a "passive" attitude and that the father would become upset and "irritated" when his son would walk away.

Atwood also said the two fought over Beaudry not having a job and not yet being in the military, which Beaudry was in the process of joining.

Prior violence

- Authorities said Beaudry has no prior criminal record, but a prosecutor said that about four months ago, a fight between him and his father left his father with broken ribs.
- The prosecutor said Beaudry's mother knew of the incident but that it was never reported.

"It's a very tragic situation for the family," said Jack Atwood, Beaudry's attorney.

Responding officers said they found Beaudry next to his father yelling, "You have to save my dad. Dad, why did you make me do it?" a police report stated.

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In the news

Nearly a dozen compounding pharmacies shut

MASSACHUSETTS. Following surprise inspections, state officials shut down 11 compounding pharmacies after inspectors found "a range of violations."

State health officials announced yesterday the results of the inspections that began in the fall.

Another 21 facilities were issued citations for minor violations.

The inspections follow a national and deadly outbreak of fungal meningitis that was tied to the New England Compounding Company in Framingham.

A state health official called the results "troubling." METRO

▶ NECC in Framingham

11 Compounding pharmacies were shut down by state officials following surprise inspections

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Sox. Keep on truckin'

▶ Red Sox mascot Wally the Green Monster donned a Hawaiian shirt yesterday as the team sent a semitruck filled with equipment off to Fort Myers, Fla., for spring training.

NICOLAUS CZARNECKI/METRO

Spring has officially sprung for Sox fans

Although temperatures in Boston have hovered around the freezing point, spring was in the air at Fenway Park yesterday. Truck Day — a Red Sox Nation holiday — took place outside the park. The big tractor-trailer was loaded with player and practice equipment before taking off to the spring training facility in Fort Myers, Fla. Pitchers and catchers report Monday, and the full squad is scheduled to report next Thursday. ● METRO

Boston diners raking in extra cash with free mystery shopper app

A new mystery shopper app pays opinionated consumers to do what they do best — offer their opinions.

Mobee, a mobile crowd-sourcing iPhone app, lets shoppers review hundreds of stores and eateries in the Boston area. In exchange, users earn points that can be redeemed for cash and prizes. A 100-point "mission" would translate to $1, and there is no limit to the amount of missions people can do.

The app launched in Boston in October and has since racked up about 10,000 users.

Its early success comes as no surprise to 28-year-old Mobee CEO — and former mystery shopper — Prahar Shah.

"These are places people are already going. They don't have to go far out of their normal routine. Most people are on their smartphones anyway, texting or e-mailing, so this gives them a way to make money while they wait in line," said Shah, a 2012 MIT graduate.

▶ A look at the Mobee rewards center

1K About 1,000 companies in Boston, Wellesley, Newton, Hingham and Stoughton are online.

The app's missions ask consumers to answer surveys on their iPhones — most of them between five and 10 questions — about their experiences.

Mobee keeps users honest by tracking them with GPS; reviewers can't claim a mission unless the app knows they are in the store or restaurant.

For the most part, Shah said, the survey is pretty straightforward.

"They're simple questions, like how many people were in line before you, or how long did it take you to get your coffee. You get all the normal data, not just the extremes," he said.

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bostonlogan massport

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US: Patchy intel is no bar to killing American terrorists

The government has authorized the killing of American citizens as part of its controversial drone campaign against al Qaeda even without intelligence that such Americans are actively plotting to attack a U.S. target, according to a Justice Department memo.

The unclassified memo, first obtained by NBC News, argues that drone strikes are justified under American law if a targeted U.S. citizen had "recently" been involved in "activities" posing a possible threat and provided that there is no evidence suggesting the individual "renounced or abandoned" such activities.

The document was disclosed as a bipartisan group of U.S. senators called on the Obama administration to release to Congress "any and all" legal opinions laying out the government's understanding of what legal powers the president has to deliberately kill American citizens.

GETTY IMAGES

▶ Targeted killings, carried out by remotely piloted unmanned aircraft, are controversial because of the risks to nearby civilians and because of their increasing use.

The senators who signed the letter, including members of the Senate Intelligence Committee, said the administration's cooperation would "help avoid unnecessary confrontation that could affect the Senate's consideration of nominees for national security purposes."

Obama has nominated John Brennan, his White House counterterrorism adviser, who defends drone strikes, to lead the CIA.

An Intelligence Committee confirmation hearing on the nomination is scheduled for tomorrow, and Brennan is likely to face questioning on drone policy.

One national security official said the leak of the Justice Department memo may have been timed to blunt such congressional demands for the release of additional, possibly classified, documents relating to the U.S. use of drones. **REUTERS**

Chair calls for advice on drone killings

Sen. Dianne Feinstein, the Democrat who chairs the Senate Intelligence Committee, in a statement yesterday said she had been calling on the administration for more than a year to release legal analyses related to the use of drones.

Feinstein said the document published by NBC had been given to congressional committees last June on a confidential basis, and that her committee is seeking additional documents, which are believed to remain classified.

In the news

GETTY IMAGES

▶ Obama

Obama brings forward short-term deal to delay spending cuts

WASHINGTON. President Barack Obama yesterday urged Congress to pass a small package of spending cuts and tax reforms to delay larger, automatic cuts from going into effect and damaging the economy on March 1.

His proposal was quickly rebuffed by Republican leaders, who rejected the suggestion of tax increases after agreeing to raise rates for top U.S. earners earlier this year.

If launched as scheduled, the cuts — dubbed the "sequester" — would reduce federal spending across the board by about $85 billion for one year, split evenly between military and domestic programs. The total amount of reductions through 2022 would be about $1.2 trillion. **REUTERS**

Bulgaria blames Hezbollah for attack on Israeli tourists

SOFIA. Bulgaria accused Lebanese militant movement Hezbollah of carrying out a bomb attack on a bus in the city of Burgas that killed five Israeli tourists last year.

The conclusions of the Bulgarian investigation, citing a clear connection to an attack on European Union soil, might open the way for the EU to join the United States in branding the Iranian-backed Hezbollah a terrorist organization.

Three people were involved in the attack, two of whom had genuine passports from Australia and Canada, Bulgarian Interior Minister Tsvetan Tsvetanov told reporters after Sofia's national security council discussed the investigation. **REUTERS**

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Dell wants PCs personal; kindergartener rescued

Defense on a deadline

▶ Don't lose that "save the date" card.

GETTY IMAGES

Judge refuses delay in Trayvon Martin killing trial

A Florida judge yesterday rejected a bid by George Zimmerman to delay his June trial for the murder of unarmed black teenager Trayvon Martin, whom he shot and killed a year ago this month.

"I don't see any of your issues as insurmountable," Seminole County Circuit Court Judge Debra Nelson said in denying a motion by Zimmerman's lawyer, Mark O'Mara, for a continuance in the racially charged trial.

Before ruling, Nelson noted she had set aside several full days of court time for Zimmerman's defense attorneys and prosecutors to bring issues before the court, but most of that time had gone unused.

She also said O'Mara had been working on Zimmerman's defense since April 2012 and still has another four months to prepare for the June 10 trial. **REUTERS**

Charged over cards

Credit card fraud ends in 18 arrests

U.S. prosecutors yesterday charged 18 people with fraud for allegedly creating and using thousands of fake identities to ring up hundreds of millions of dollars in credit card purchases.

The 18 people were the ringleaders of a massive credit card fraud scheme that lasted nearly 10 years, according to a criminal complaint. The FBI was in the processing of making arrests yesterday morning. The 18 people were located in New York, New Jersey, Pennsylvania and Connecticut. **REUTERS**

▶ Why yes, my name is ... Ima Fay K. Eyedee.

Dell of a lifetime

Dell taking company private in $24B deal

Michael Dell will take Dell Inc. private for $24.4 billion in the biggest leveraged buyout since the financial crisis, a deal that allows the billionaire CEO to revive the fortunes of his computer company without Wall Street scrutiny. The deal is financed with cash and equity from Michael Dell, cash from private equity firm Silver Lake and a $2 billion loan from Microsoft Corp. It will end a rocky 24-year run on public markets for the company. **REUTERS**

Big Brother sees all

FBI camera watched Ala. hostage-taker

Authorities used a hidden camera to watch a man holding a boy hostage in an underground bunker in rural Alabama and moved in to rescue the child after the suspect was seen holding a gun and looking agitated, according to news reports yesterday.

The nearly weeklong standoff with Jimmy Lee Dykes, 65, began after he gunned down a school-bus driver and snatched the boy. It ended on Monday with Dykes' death and the safe recovery of the kindergarten student, identified only as Ethan. **REUTERS**

▶ Eye in the sky ... or in a bunker

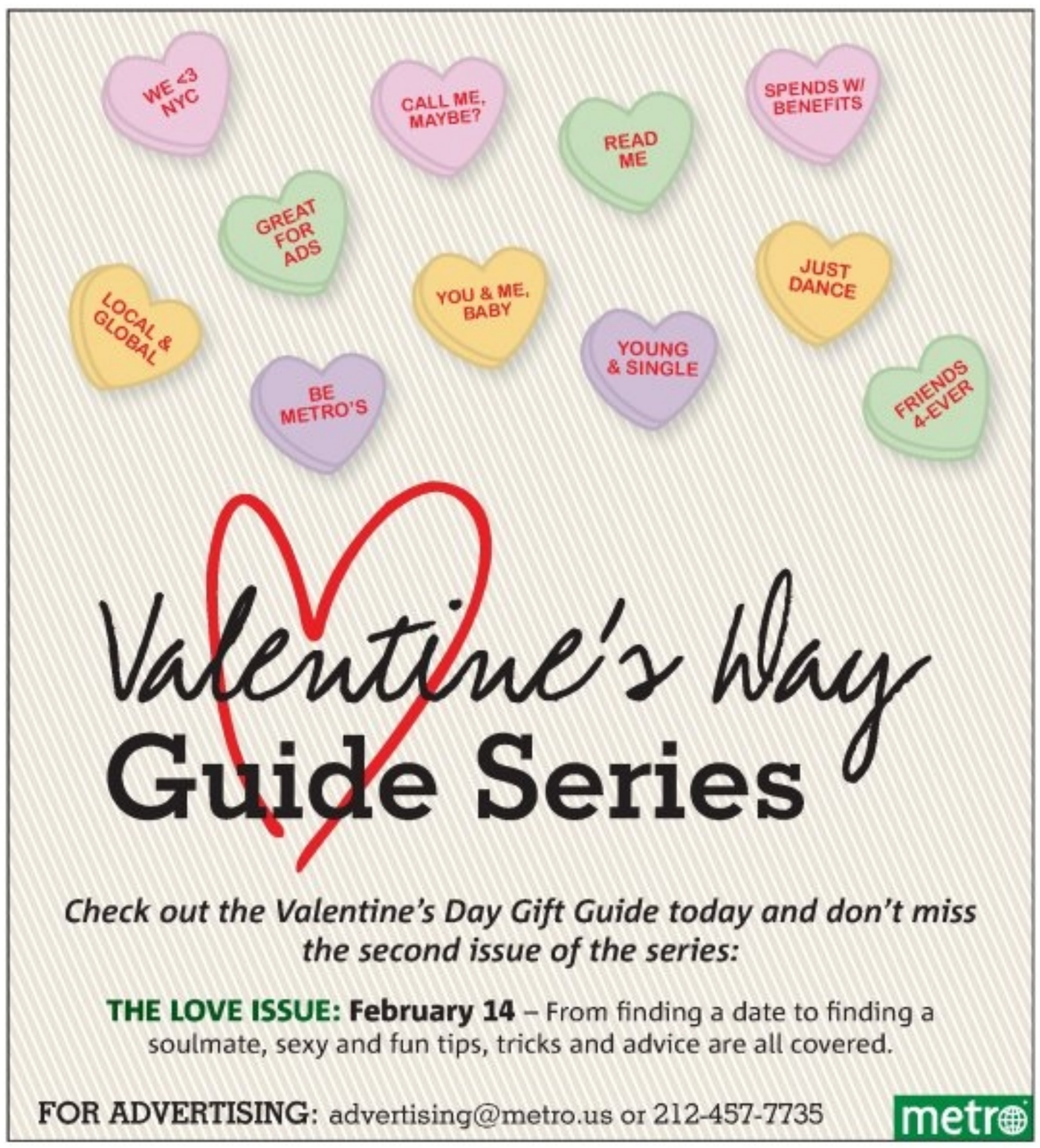
Standard & Poorer

US government sues S&P for 'fraud'

The government is seeking $5 billion in its civil lawsuit against Standard & Poor's, accusing the ratings service of defrauding investors, in one of the most ambitious cases yet from the Justice Department over conduct tied to the financial crisis. The U.S. said S&P inflated ratings and understated risks associated with mortgage securities, driven by a desire to gain more business from the investment banks that issued those securities. S&P committed fraud by falsely claiming its ratings were objective, the lawsuit said.

The lawsuit is the first from the government against a ratings agency. **REUTERS**

$5B Damages sought by the government from S&P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Devastating consequences of Facebook unfriending: You may never be forgiven

- It may not be personal, but it hits vulnerable users hard
- Dropped causes include 'frequent, unimportant posts'

If you want to trim your list of Facebook contacts, think twice before hitting "unfriend." The person may never forgive you, according to a new academic study.

About 40 percent of people would avoid seeing someone in real life that had unfriended them, with 10 percent unsure. A higher ratio of women said they would avoid contact than men. The study also found that the likeliest determining factor for a decision to avoid someone was if the unfriending had been discussed with other people.

"People think social networks are just for fun," said study author Christopher Sibona, a Ph.D. student at the University of Colorado Denver Business School. "But the study makes clear that unfriending is meaningful and has important psychological consequences for those to whom it occurs."

40%

About 40 percent of people would avoid someone in real life that had unfriended them.

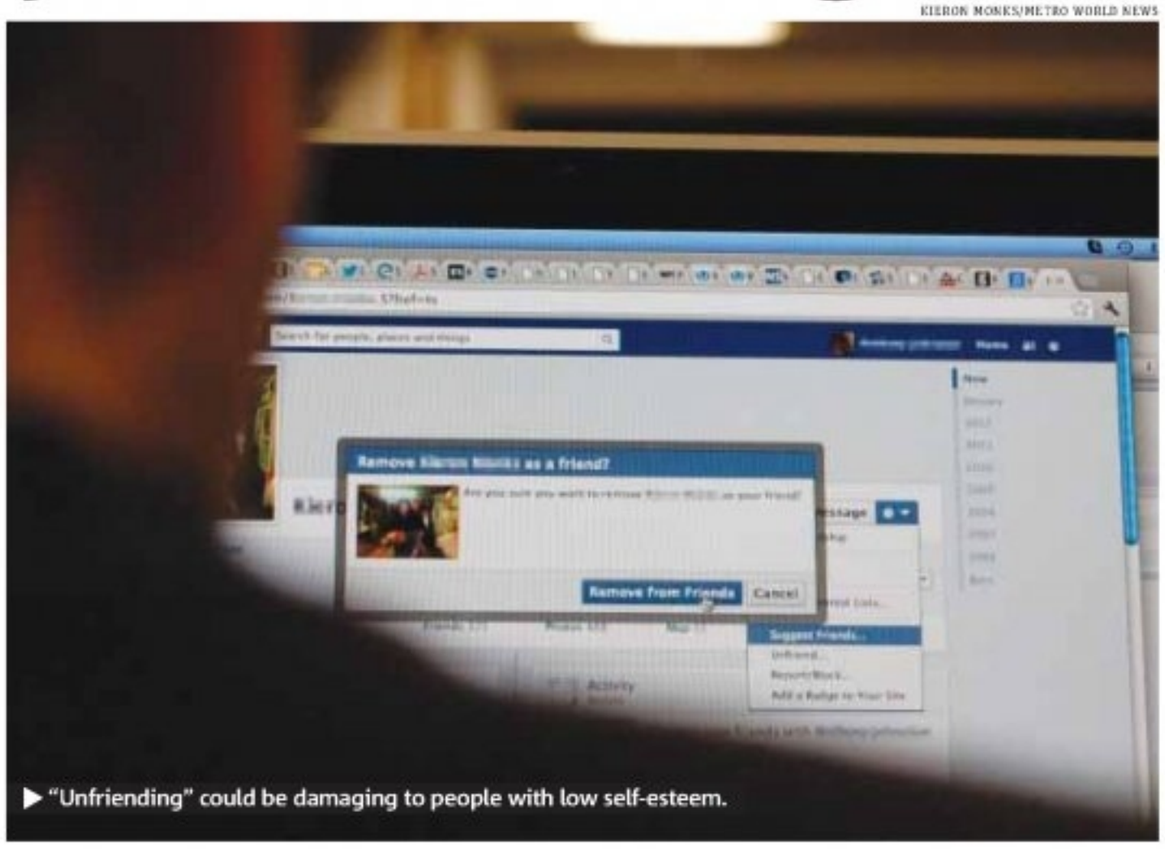
Social networks are especially attractive to narcissists and people with low self-esteem, but they are vulnerable. "Unfriending could damage people with anxiety and confidence issues," Dr. Gregory Webster, psychologist and social media expert at the University of Florida, told Metro. "These networks can distort reality, particularly if you don't have much of a social life in the real world."

Sibona had also researched causes of unfriending in a 2010 study. Leading factors were "frequent, unimportant posts," such as on children or family, and controversial posts on politics or religion. But Webster believes unfriending is also for "public presentation and wanting to appear very selective about our social set."

Given the looser ties of virtual friendships, almost every user faces being unfriended at some point.

Kieron Monks
METRO WORLD NEWS

KIERON MONKS/METRO WORLD NEWS



▶ "Unfriending" could be damaging to people with low self-esteem.

myentertainment

2

The feed ...

Checking in with some of Hollywood's biggest names to see what they've been up to — in their own words, in 140 characters or fewer.

Today, Shia LaBeouf has finally joined Twitter, Josh Radnor is trying to maintain his image, Steven Soderbergh is feeling left out and Sarah Silverman missed the Super Bowl.

@ShiaLaBeouf
how are you guys doing?

@JoshRadnor
Pretending like I don't like 'Peter, Paul, & Mary' is exhausting.

@Bitchuation
When there is a sign posted in a bar that says WE ID ALL GUESTS and they don't ID you, is that bad?

@SarahKSilverman
Oh Jesus I just woke up did Beyonce win?

LeBeouf

THE WORD

Metro's **Dorothy Robinson** shares her take on the world of gossip @dorothyatmetro dorothy.robinson@metro.us

Meet the hot, new Hollywood meet-up: Jesus

Apparently the hottest new Hollywood hangout isn't a nightclub, but a bible study group — which **Selena Gomez, Vanessa Hudgens** and "90210" star **Matt Lanter** have reportedly been attending, according to Us Weekly. Gomez has even brought ex-boyfriend **Justin Bieber** to the group, which meets monthly. "Justin's come in before, and his mom, **Pattie**, is a regular," a source says. The group is reportedly organized by E! correspondent **Jason Kennedy**. I am so jaded, but I totally think this is a front for smoking weed in the name of Jesus.

Quvenzhane Wallis' puppy purses make a splash on red carpet

It's a very slow gossip day and, honestly, if I have to write one more thing about the feud between **Brandi Glanville** and **LeAnn Rimes**, I'm going to pack up my things and move to Vermont where I will spend the rest of my days raising cattle and never reading another Us Weekly ever again. Or raising Budweiser Clydesdales. Whichever.

So, today's column will be about something worth highlighting: the awesomeness that is Oscar nominee **Quvenzhane Wallis**' puppy purses.

Wallis owns 20 of the purses — by Poochie & Co. — and they've been a mainstay on the red carpet for the 9-year-old actress. "That's my signature," she told **Ellen DeGeneres** on "Ellen," about always rocking the accessory. And yes, expect to see one pop up (pup up?) at the Oscars.

When asked by **Jay Leno** on "The Tonight Show" who she'll be taking to the award's ceremony, she held up her puppy purse and said, "This and my mom."

In Hollywood, where we force our girls to grow up much too quickly, it's nice to see a little girl act like a little girl. And carry a mass-produced purse that looks like a little dog instead of, you know, Gucci.

Talking points

After the show, though, Timberlake took to Twitter to do damage control. "Wouldn't disrespect anyone personally. Ever," he tweeted.

Timberlake: No disrespect!

Justin Timberlake insists that he didn't disrespect ex-girlfriend **Britney Spears**, despite reports to the contrary, according to Us Weekly. At Timberlake's recent live show, he kicked off "Cry Me a River" — his breakup anthem written after his split from Spears — by telling the crowd, "Sometimes in life, you think you found the one. But then one day you find out that she is just some bitch."

DiCaprio's new young thing

It looks like things are heating up between **Leonardo DiCaprio** and his "Wolf of Wall Street" co-star **Margot Robbie**. DiCaprio and the 22-year-old Australian actress were spotted getting cozy on the balcony of his suite at a Miami hotel before heading out to play in the surf with **Jonah Hill, Lukas Haas** and several women, according to E! News.

Hurley's Audi has been found

Elizabeth Hurley can call off the search for her missing Audi, as the sedan has reportedly resurfaced — plastered with parking tickets — in the same neighborhood where it went missing last week, according to the Daily Mail. Hurley reported the car stolen last week after it went missing while she was on a shopping excursion.

Trump sues Maher for $5M

Donald Trump is suing **Bill Maher** for $5 million over a charity wager, according to E! News. Maher reportedly agreed to donate that amount to charity if Trump could prove — by producing a birth certificate — that he was not the child of an orangutan. Maher made the offer during a visit to the "Tonight" show after Trump infamously made a similar $5 million charity donation offer to **Barack Obama** that was widely criticized.

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Bombshell alert! Jennifer Lawrence looked ravishing at The Hollywood Reporter Nominees Night 2013 Celebrating the 85th annual Academy Award nominees in Beverly Hills on Monday.

TomKat, is that you?

1. Nope, it's **Bruce Willis** and wife **Emma** in a passionate pose at the German premiere of his latest "Die Hard." In German, the film's title is "Die Hard - Ein Guter Tag Zum Sterben," which we're pretty sure translates to "Die Hard: We'll Keep Making Them Until You Stop Seeing Them."

2. Still lookin' good, Lizzy! **Queen Elizabeth II** arrived for the opening of a new MRI unit at The Queen Elizabeth Hospital on Tuesday in Norfolk.

3. Shakira's boyfriend, **Gerard Pique**, introduced their newborn, **Milan**, who was born in Barcelona on Jan. 22.

4. Geri Halliwell arrived for the Viva Forever Afternoon Tea Launch yesterday in London.

5. Benicio Del Toro was spotted at France's Roissy Airport on Tuesday.

7. Melissa McCarthy gave a hand to her fans at the "Identity Theft" premiere in California on Monday.

1: ANDREAS RENTZ/GETTY 2: WPA POOL 3: UNICEF
4: NEIL MUKHERJEE/FILMMAGIC 5: MARC PIASECKI/FILMMAGIC
6: FREDERICK M. BROWN/GETTY 7: KEVIN WINTER/GETTY

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Heeey, sexy lady

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2. H&M black corset top, $30, ruffle bottom, $10, www.hm.com
3. Beautiful Bottoms Tropic Fixed Bow bra, $63, ruched knickers, $47, www.beautifulbottoms.com
4. Kallisti by Marios Schwab for ASOS sequin triangle bra, $85, hipster pant, $43, www.asos.com
5. Jenna Leigh Lingerie Memba demi bra, $86, cheeky tanga, $43, www.bloomingdales.com
6. Elle Macpherson French Flavour underwire bra, $62, thong, $30, www.journelle.com

Tina Chadha
tina.chadha@metro.us

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From Japan with love

Once the dominating force in the world of gaming, Japanese publishers are still turning out high-quality product Two new games offer immersive experiences

"Ni No Kuni: Wrath of the White Witch" lets you feel as though you're directing your own movie.

It wasn't so long ago that games created in Japan were the only games that mattered. Nowadays, for better or for worse, it is the West that rules the gaming goose. Japan still has a few tricks up its digital sleeve, however. Here are reviews of some recently released gems that come straight from the land of the rising sun.

'Fire Emblem: Awakening'
Console: Nintendo 3DS
Publisher: Nintendo

Sidescroller

LAWRENCE BONK
LAWRENCE.BONK@METRO.US

Rating: ●●●●○

In Japan, the strategy RPG is king. These games take some tropes of turn-based RPGs and mix them with lengthy, complicated battles. The end result resembles something more like chess than video games. This genre can be horribly frustrating, but it's extremely addictive once you know the ropes.

"Fire Emblem: Awakening" is the newest entry in the SRPG canon, and it's a doozy. It features an engrossing story, complete with voice acting and a quest that could take dozens of hours to complete. It's also hard as nails. For instance, when a character dies in battle they are gone forever. You may throw your 3DS against the wall, but you'll have a good time doing it.

'Ni No Kuni: Wrath of the White Witch'
Console: PS3
Publisher: NAMCO Bandai
Rating: ●●●●●

Hayao Miyazaki and his Studio Ghibli animation studio are best known for feature-length movies like "Spirited Away" and, most recently, "Arrietty." However, for years now the company has been slaving away on a video game. The fruits of their labor, "Ni No Kuni: Wrath of the White Witch," is as beautiful and whimsical as any of their films.

At its heart, Ni No Kuni is a JRPG. This means you explore a world as you fight enemies and collect new items and weapons. Thanks to some innovative design choices, like a real-time battle system, it is a great deal more than that. This game must be seen to be believed. It truly does feel like you are controlling an animated feature.

Metro does not endorse the opinions of the author, or any opinions expressed on its pages.

In the news

Web giant Amazon introduces its own coin currency

Amazon on Tuesday announced a new virtual currency called Amazon Coins that's billed as an "easy way for Kindle Fire customers to spend money on developers' apps in the Amazon Appstore." The company will introduce the currency in May with "tens of millions of dollars' worth of free Amazon Coins" to spend on developers' apps. Amazon will also make it quick and easy for customers to buy the coins with their accounts. Developers, meanwhile, will make 70 percent on every purchase, with the rest going to Amazon.

Amazon Coins will vie with other forms of online currency — most notably, Facebook Credits.

TODD WASSERMAN FOR Mashable
The Social Media Guide

GET YOUR HEART ON
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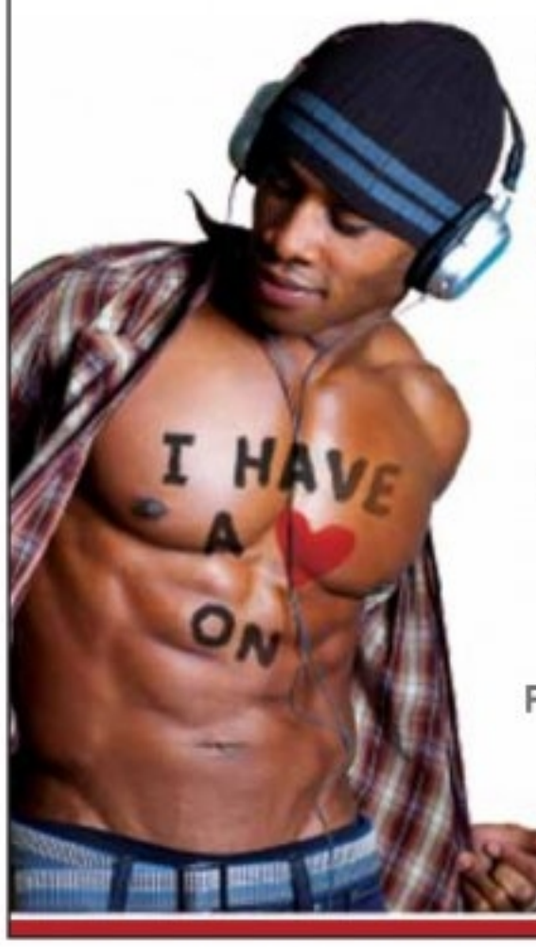

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THE MADONNA WORKOUT

More on Madge

What she listens to when she works out:

"Music is key to our workouts," Winhoffer says. "We listen to a wide range: R&B, rap, techno, electro, remix playlists by Offer Nissim and DJ Misha Skye — anything that has a great bass and beat."

Learn more

These moves are all part of Winhoffer's "Addicted to Sweat" four-part DVD series, co-created by Madonna.

$30, www.addictedtosweatdvd.com

One secret to her amazing skin: water

"Because we are advocates for sweating, replacing our bodies with fluids and electrolytes is crucial post-workout. Drinking lots of water is essential for hydration, muscle support, skin tone and joint mobility."

Meredith Engel
meredith.engel@metro.us

Madonna might have access to the best in diet and fitness, but she still believes in a good, old-fashioned workout to keep her body chiseled. We got our hands on a few of the moves she does to keep a fit bod — and they're all totally doable.

Tricep lateral shave

Gets rid of back fat and bulge over the sides of a tank top or bra

With feet hip-width apart, bend your knees and lower to a flat back with your stomach en-

▶ "Madonna is the most disciplined client that I have ever met," says Winhoffer (above left).

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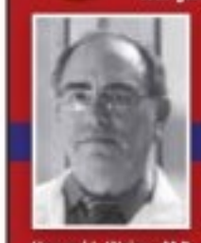

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Want to know just how the superstar gets those amazing arms and abs? We went straight to the source: her personal trainer, Nicole Winhoffer

"Madonna and I do this move almost every other day," Winhoffer says of the kick-out, shown here. See more photos at www.metro.us.

gaged. Grip a towel lengthwise behind the back. With palms down, raise the towel away from your butt about four inches. Your triceps should be fired, shoulders rolled back, neck long. This is the starting position. Your arms will be moving laterally, continually keeping tension between the towel. Reach the towel to the left while transferring weight to the left. Then reach the towel to the right, transferring the weight to the right leg. Reach the towel to the left again, and pulse in this position two times. This equals one rep. Repeat on the other side. You want to feel the resistance and the burn throughout the entire exercise. Repeat 16 times.

Single-leg knee pull

Works lower abs, hips and butt

On a slippery hardwood or tile floor, place the ball of your left foot on top of a neatly folded towel. Crouch down and place your hands firmly on the floor. Cross the right leg behind the left and transfer weight evenly between upper body and left leg. Shoot the left leg back so it's extended straight and your body is in a plank position. Draw the knee back to the beginning position. This is one rep. Your glutes, thighs and abs should be tightened and engaged the entire time. Do 24 reps with one leg and then repeat with the other.

Kick-out with towel between feet

Works lower abs and inner thighs

Sit on the ground and place your towel between the inner soles of your feet, keeping knees bent. Lift feet off the ground and place your hands behind you for support. Extend your feet straight out in front of you, squeezing your inner thighs to keep the towel from falling. As you extend, you will slightly bend arms behind you. Draw feet back in to the starting position. This is one rep. Repeat 32 times.

Turned-out towel runs

Works lower abs, obliques, inner thighs, butt and hips

Fold two hand towels into perfect squares and step the balls of your feet firmly on top (one on each square). Squat down and place your hands in front of you, shoulder-width apart, with weight equally distributed between hands and feet. Draw the right leg straight back, turning the knee out to the corner of the room. Switch legs in a fast pace. This is one rep. Do three sets of 15 reps, resting for eight counts between each set.

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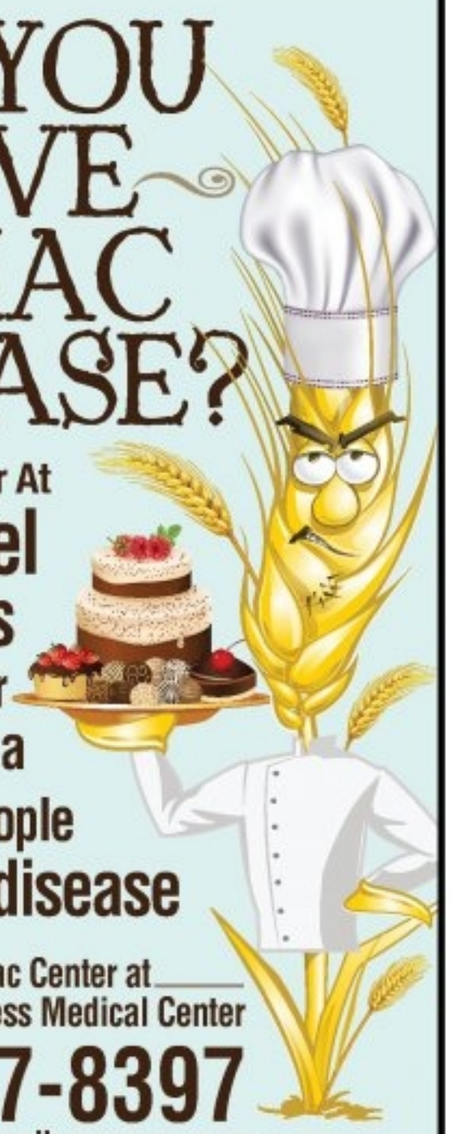

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valentine's day gift guide

Gifts for her

Spread the love

Everyone knows she doesn't really celebrate Valentine's Day, but just try showing up without one of these And a three-course home-cooked meal, of course

It's pink — and there's a bunny on top! Hearts are melting. Martha Stewart Pink cake stand with Rabbit dome, $33, www.macys.com

Set the mood to celebrate your love. XO sparklers, $12, www.topsmalibu.com

Let's make those couch-side back massages legit. REN Moroccan Rose Otto Ultra-Moisture body oil, $60, www.renskicare.com

Add a little glam to date night. BCBG MaxAzria Pyramid Stud Drop earrings, $38, www.bcbg.com

Estee Lauder Nail Lacquer in Love Bites, $20, www.esteelauder.com

Henri Bendel Petite Blair bag, $198 www.henribendel.com

Comfy and cute, our favorite combo. Xhilaration for Target Junior's sleep set, $13, www.target.com

Tina Chadha
tina.chadha@metro.us

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Letters

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Guns are deterrent as well as weapon

RE: "AMERICANS USED TO AGREE THAT FREEDOM TO OWN GUNS DIDN'T PRECLUDE SAFETY" (METRO, FEB. 5) Letter writer Paul Simon's letter effectively argues the government has the right to further regulate the sale of assault weapons. However, he erroneously claims these weapons only exist for the purpose of committing violent acts. America maintains nuclear stockpile not because we seek to set out and destroy the entire civilized world. We maintain it as a deterrent to prevent aggression from others. Assault weapons served citizens as a deterrent from violence and looting in days following Katrina when no government /military was around to provide protection, for example.

CHRIS SAVOIE, VIA E-MAIL

Quoted

"When Joe Biden claimed, 'a shotgun will keep you a lot safer [than an assault weapon],' he forgot to say, 'only if you're being attacked by a flock of pigeons.'"

SAVOIE

Don't shoot your mouth off unless you know terms

RE: "OBAMA'S GUN CONTROL PUSH GOES TO MIDWEST" (METRO, FEB. 5) The picture in Feb. 5 Metro is a perfect illustration of the ignorance and misinformation being spread by the Obama administration, the MSM and the anti-gun folks. Private ownership of military weapons is already tightly regulated and has been for many years.

▶ The photo in question

GETTY IMAGES

The letters in the same edition further spread that misinformation. In 47 years of shooting, I never seen "cop-killer bullets." The term "assault weapons" didn't exist prior to 1989 and is a term invented by anti-gun publicists. Both letters mention "need." It is not up to the government to determine what I need, and contrary to what the antis would have you believe, the Second Amendment has nothing to do with hunting, and the citizens of that period owned "military weapons."

The firearms that are the hot topic of debate may be alike in appearance, but are not military weapons. They do not fire at the same rate (semi-auto vs. full-auto), nor do they have select-fire capability. Features such as an adjustable stock, which allows the gun to fit shooters of different sizes, grips and other cosmetic features, make these firearms no more lethal than the same action wrapped in a wood stock.

MOE PRIELL, VIA E-MAIL

E-mail your letters: letters@metro.us

Keep them as brief as possible, preferably under 100 words.
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Please include your name and contact information.

Horoscope

♒ Aquarius **Jan. 20-Feb. 19.** Those with whom you have commercial involvements will quickly judge you to be fair and equitable. The example you set will be emulated by them.

♓ Pisces **Feb. 20-March 20.** Any new venture that you undertake will have very high chances of success. There could be three such projects working out to your satisfaction.

♈ Aries **March 21-April 19.** You couldn't avoid the spotlight if you tried, so don't fight it. There is no need to get stage fright; the audience is packed with your friends.

♉ Taurus **April 20-May 20.** When you decide to promote a new idea, issue or cause, you can become an especially good salesperson, especially if you truly believe in what you're doing.

♊ Gemini **May 21-June 20.** Knowing that you will be better playing a supportive role, you'll happily leave primary management of a project in the hands of someone in whom you have great faith. Good for you.

♋ Cancer **June 21-July 22.** Willingly making adjustments that another wants could turn out to be an advantageous maneuver, and you know it. Your situation will improve as a result.

♌ Leo **July 23-Aug. 22.** Becoming a champion of lost causes might be the best thing you can do. It'll give you an opportunity to resurrect something really important that needs to be done.

♍ Virgo **Aug. 23-Sept. 22.** Bonds can now be established with someone whom you've always liked but have never been able to get close to in the past. She or he will be exceptionally receptive to your overtures.

♎ Libra **Sept. 23-Oct. 23.** Being in an exceptionally artistic and creative cycle makes this an excellent day to try your hand at beautifying your living surroundings. You can use this gift for commercial purposes as well.

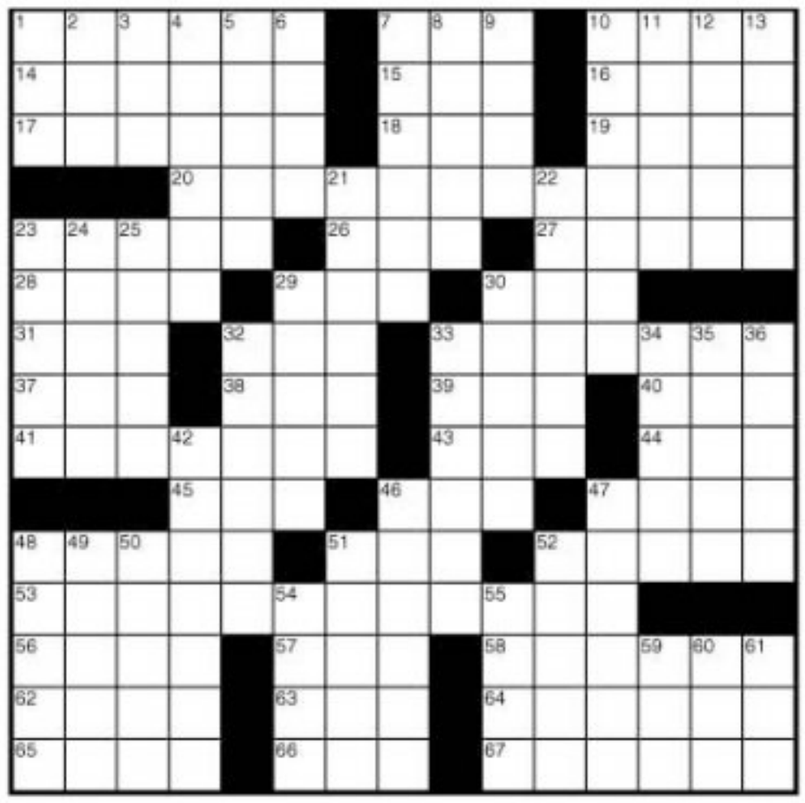
♏ Scorpio **Oct. 24-Nov. 22.** There are many strong indications that you could derive some unusual benefits from an involvement with a number of pronounced elements of chance. Take your chances.

♐ Sagittarius **Nov. 23-Dec. 21.** More often than not, it's important to prime the pump to get things flowing. For example: If you're desirous of financial gains, an investment on your part might be required.

♑ Capricorn **Dec. 22-Jan. 19.** Be grateful for what is new and different in your life, because it will be a harbinger of things to come, helping you approach the future with hope and expectation.

BERNICE BEDE OSOL

Across
1 Athens rival
7 Joanne of old films
10 — Wooley of "The Purple People Eater"
14 Hearsay
15 Lawyer's thing
16 Gourmet mushroom
17 Sense
18 Common Market inits.
19 Bing Crosby tune
20 Milky Way, e.g.
23 Airport summons
26 Mantra chants
27 Upholstery choice
28 Lime coolers
29 Email senders
30 Ginza money
31 A Bobbsey twin
32 Hearty laugh
33 Swindle (2 wds.)
37 VI halved
38 Dander, plus
39 Bear —
40 Pen part
41 Crunchier
43 Previous
44 Linen vestment
45 Do a send-up
46 Rx givers
47 Antler prong
48 Falsely incriminate
51 Carbondale sch.
52 Transported kids
53 Trunk item (2 wds.)
56 Iridescent stone
57 WWW find
58 It turns litmus blue
62 Glassmaker — Lalique
63 Unisex wear
64 Pump choice
65 Treasured
66 Any ship
67 Unruffled



Down
1 Delhi honorific
2 Knock-knock joke
3 Lb. or tsp.
4 Wakes up
5 Stumbles
6 — spumante
7 Wishes and hopes
8 Fishing gear
9 SOS receivers
10 Climbing
11 Macho type (hyph.)
12 Adhesive
13 Emerald, in geology
21 Granny's chair
22 Emulate Hamlet
23 Wall Street woe
24 Oil-well capper Red —
25 Lamp dwellers
29 Blender button
30 Not mine
32 Shout of glee
33 Little angel
34 Writer — Nin
35 Mr. Pim's creator
36 Receded
42 Needlework of yore
46 Telemarketing device
47 Like a walrus
48 Viking's bay
49 Calcutta coin
50 Maytag rival
51 Cliff debris
52 Prove false
54 Baseball's Babe —
55 Youths
59 Cool — — cucumber
60 Tolerated
61 Seine moorage

4					2	3		6
1					3			
	7			1	8	5		
7	1						8	
	2	3				1	7	
	4						6	9
		1	7	8			5	
			3					1
9		4	6					7

SUDOKU **LEVEL: EASY**

						1		
3			7		4		5	
8			2			7		4
				7		3	9	5
	7		3		9		4	
9	4	3		5				
7		9			2			1
	6		1		7			8
		8						

SUDOKU **LEVEL: HARD**

Solution to yesterday's crossword

F	U	S	E	■	R	E	B	E	L	■	B	E	N	E
O	R	A	L	■	U	S	U	R	Y	■	A	Y	E	S
O	D	I	N	■	N	A	D	E	R	■	T	R	A	P
T	U	L	I	P	S	■	■	C	I	S	T	E	R	N
■	■	■	N	A	H	■	E	T	C	H	■	■	■	■
D	E	C	O	R	O	U	S	■	A	D	A	M	S	■
O	R	O	■	■	R	M	S	■	R	O	S	I	N	■
D	I	V	E	S	T	S	■	R	I	P	T	I	D	E
G	E	E	N	A	■	■	J	O	N	■	■	A	G	E
E	S	T	E	R	■	■	R	E	C	L	I	N	E	R
■	■	■	■	A	C	T	S	■	L	I	B	■	■	■
E	A	R	T	H	L	Y	■	■	I	D	E	A	L	S
R	T	E	S	■	O	R	G	A	N	■	R	I	O	T
L	E	A	K	■	M	O	O	R	E	■	I	M	S	O
E	N	D	S	■	P	L	A	I	D	■	A	S	E	A

How to play Sudoku: Fill in the grid so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

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3

In the news

Vonn injured

Famed U.S. skiier Lindsey Vonn crashed at a super-G run at the world championships in Austria yesterday.

Vonn tore her ACL and MCL and was taken by helicopter to the hospital.

Sports in brief

GETTY IMAGES

▶ Joe Flacco

Ravens celebrate Super Bowl win, particularly Flacco

The Baltimore Ravens celebrated their Super Bowl XLVII victory yesterday in Maryland, and no one had a better reason to be giddy than quarterback Joe Flacco. Flacco, about to become a free agent, will command big money, and it sounds as though the Ravens are ready to pay up.

"I only talked to [Baltimore owner Steve Bisciotti] a little bit before this game, but before the New England game, you know, he just came up to me and said, 'Listen, this is our time and go get 'em," Flacco said. "'We have all the faith in you, and this is going to be your team for a long time.'"

If Flacco does re-sign with the Ravens, he will likely be the face of the franchise with linebacker Ray Lewis headed to retirement and safety Ed Reed likely to test the free-agent waters himself.

MATT BURKE

Latest Red Sox ad campaign necessary but also pathetic

Opinion

Sure, we live in a kick-'em-when-they're-down society, but enough is enough with the Red Sox bashing, I had thought.

I mean, this is an organization that hasn't been able to catch a break in 496 days. We're about to be able to say that the collapse of 2011 was two seasons ago and at some point between then and now the towel was most definitely thrown in.

But there is no mercy kill coming for the Red Sox and its management. Baseball in Boston isn't going anywhere, and as we've found out in this town's past, the ugliness on Yawkey Way can stick around for years, if not decades.

The Sox front office isn't doing itself any favors these days. Yes, they act like they've heard the cries:

"You're too corporate."

"You're making Fenway Park Disney World North."

"You care more about selling bricks than winning baseball games."

"All your players are selfish."

And despite the front office's recent silence regarding Terry Francona's revenge tour (silence was the absolute right move by Henry, Werner and Lucchino, by the way), you get the sense that the group has already hit rock bottom and is ready to start the long climb back to at least the halfway point of the mountain.

GETTY IMAGES

▶ It remains to be seen if John Farrell's jaw structure will help fill seats this season at Fenway.

In actuality, we might be jumping the gun with that proclamation. If you look around the city this week, you'll see billboards and hear commercials talking about "effort" and "chances" and "faith" and "restoration."

At the centerpiece of this campaign is new manager John Farrell, who the Red Sox will lead us to believe is more badass than Colin Farrell on his most badass day, on the radio talking about things like "effort."

Effort?

We're not to expect effort? ... What are we doing here?

Maybe David Ortiz will run out a few more ground balls because he's intimidated by Farrell's jawline and maybe John Lackey will go 19-9 like he did with the Angels in 2007 because he doesn't want to let Farrell down. But was the overall effort of the team the reason why the Red Sox went 69-93 last season? It sure seemed like Pedro Ciriaco and Mauro Gomez and Jose Iglesias were giving it their all. I'm sure the reason why the Sox lost so many games had nothing to do with the fact that Pedro Ciriaco and Mauro Gomez and Jose Iglesias were actually on the field in the first place.

The fact here is that the Red Sox now look as weak on the surface as they actually are. Franchises like the Royals and Padres and Mariners and Marlins preach things like effort.

Unfortunately, effort is something that rings hollow when you talk about it beforehand. It's just one of those things that you have to see to believe. It happens organically.

The Red Sox are still in the fabrication business.

Matt Burke
matthew.burke@metro.us

Spring ahead

A look at when and where the Red Sox will be this spring:

- **Tuesday, Feb. 12** — Pitchers and catchers report to Fort Myers, Fla.
- **Friday, Feb. 15** — First full squad workout
- **Thursday, Feb. 21** — Doubleheader vs. Northeastern, Boston College
- **Saturday, Feb. 23** — First Grapefruit League game vs. Tampa Bay (1:35 p.m.)
- **Saturday, March 30** — Final spring training game vs. Minnesota (1:35 p.m.)
- **Monday, April 1** — Regular season begins at NY Yankees (1:05 p.m.)
- **Monday, April 8** — Home opener vs. Baltimore (2:05 p.m.)

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Garnett loyal to C's, Pierce until the end

KG talks trade rumors Pierce would likely need to be shipped too Ainge has been upfront about deals

According to Shaun Powell of SportsOnEarth.com, Celtics big-man Kevin Garnett would only waive his no-trade clause if Paul Pierce is dealt as well.

Powell also said that Garnett would only want to go to Los Angeles (presumably to the Clippers), because he has a house in Malibu, Calif.

Garnett's named was mentioned in a trade rumor reported by Sporting News over the weekend in which Caron Butler and Eric Bledsoe would be coming to Boston. The Celtics could be interested in such a deal since Butler's contract ($8 million per year) expires after next season and Bledsoe is still considered an up-and-coming talent.

ANDREW D. BERNSTEIN/GETTY IMAGES

▶ Garnett

"Danny [Ainge] made it very, very obvious since day one, when he brought Ray [Allen] and myself here to align with Paul [Pierce], that he's going to do whatever's best for the organization," Garnett said yesterday. "I bleed green, I'll die green. That's what it is. But it is a business. When it crosses that path, I'll deal with it."

Matt Burke
matthew.burke@metro.us

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BOSTON UNIVERSITY

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To learn more about this study, please contact:
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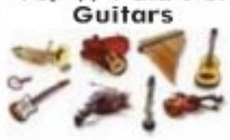
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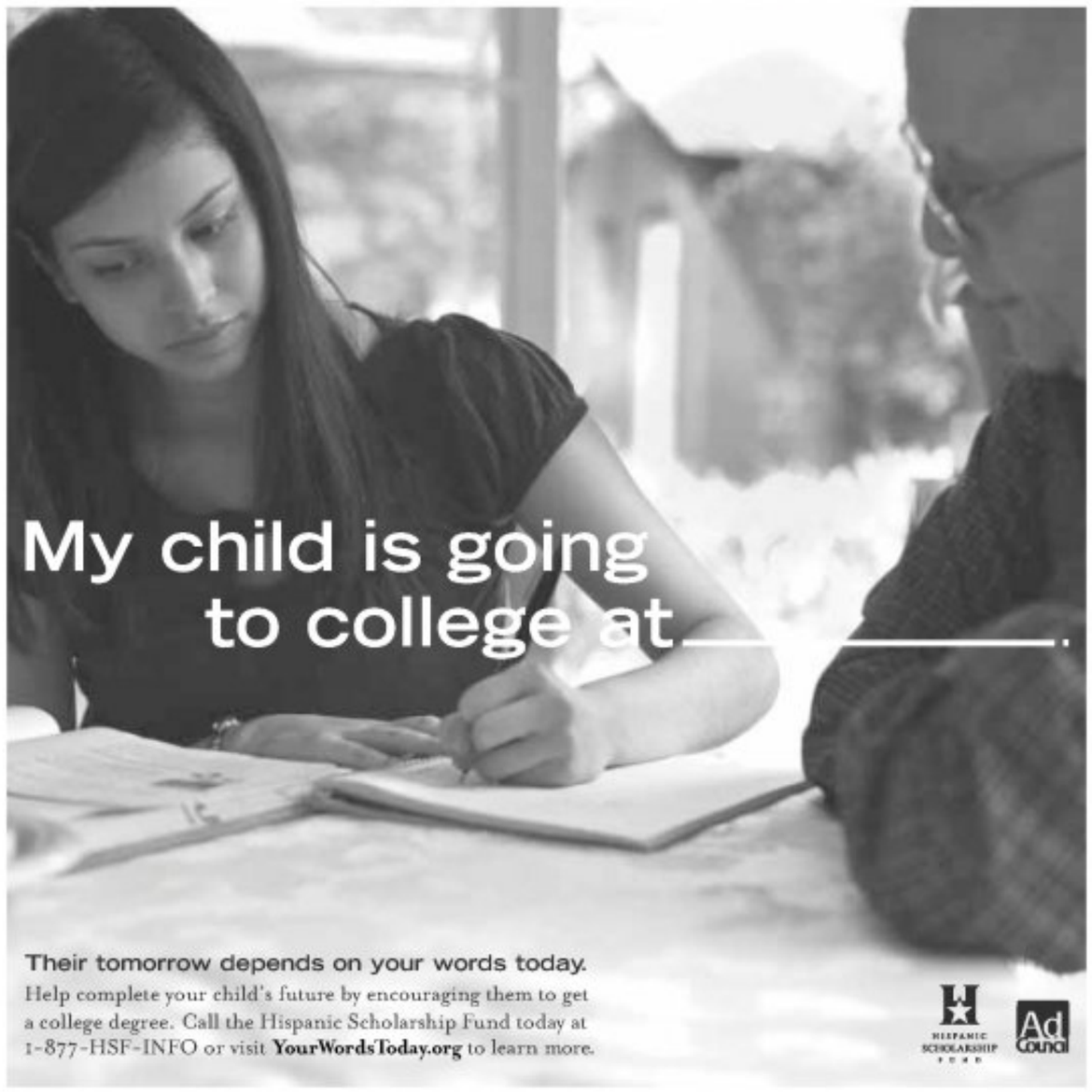
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▶ Ferreira stands proudly outside of his new shop.

Veteran interior decorator Jeff Ferreira opens a 'price-conscious' new shop just 30 minutes outside of Boston ◗ 'Not everyone wants a $15,000 custom couch'

Years of experience running his design business prepared interior decorator Jeff Ferreira for delays in opening his first store, Well-Lived, which is located in Beverly Farms. But as the last pieces are put in place, the excitement of opening this month replaces frustrations.

"It's already taken twice as long as I thought," sighs Ferreira. "It's the small things that take the most time and it's the small things that matter most."

Well-Lived is all about those small things that make a house your home. Antique and vintage goodies will make up most of the wares. As more and more people comfortably mix vintage into their home decor, Ferreira hopes he can showcase often-heavier antiques as a cool, modern design option.

"Vintage in today's homes is commonplace, but antiques get people a little nervous," the 41-year-old says. "I want to show that older pieces can really work with contemporary. I still want clean lines and I look for particular antiques. ... The ones I look for don't have too much embellishment. I want to show people how their grandma's 17th-century server can have a bold abstract painting hanging above it and work beautifully."

Along with knick-knacks and furniture, Well-Lived offers a bespoke upholstery service.

"I have a fantastic local upholsterer I work with," Ferreira says. "I want to keep that to being more price-conscious though. Not everyone wants a $15,000 custom couch."

Indeed they don't.

"I want to translate their design, their piece of furniture, for less cost."

If you go

Well-Lived
721 Hale St., Beverly Farms
978-969-2454
www.well-lived.com
www.jferreiradesigns.com

Browsers welcome

"All retailers want to sell something, that's how we run a business," Ferreira says. "But I'm happy if people come in and take away only inspiration. I know that if they feel comfortable and find something that inspires them, they'll return for more and might find the object they need."

Linda Laban
linda.laban@metro.us

The Boston Home Center

This month at The Boston Home Center

Since 1996, The Boston Home Center has helped more than 20,000 Bostonians become successful homeowners. We offer an array of FREE classes on everything from the basics of homebuying to help for homeowners and everything in between.

How To Buy A House That Needs Work
A two-hour seminar about special mortgages and other resources available to help you fix up your home.
February 27: 6:30PM-8:30PM
Hennigan Comm Ctr., 200 Heath St., Jamaica Plain

How To Buy a Condominium
A two-hour seminar covering the how-tos of buying a condo, from understanding how condominium associations work, to financing your purchase.
February 7th, 6:00pm-8:00pm
26 Court St., Winter Chambers, 1st floor, Boston

How To Buy a Foreclosed Property
A two-hour seminar including information about the purchase process, legal issues, mortgage and property selection and home repair resources.
February 13: 6:30pm - 8:30pm
Curley Comm Ctr/M St Senior Cts, 1633 Columbia Rd., So. Boston

Financial Assistance Workshops/ Meet The Lenders
A financial assistance workshop from 5:00pm - 6:00pm followed by a two-hour networking opportunity to meet with several different mortgage lenders to help you understand their products and your purchase and refinance options.
CORRECTION: No 2/12/13 Class
February 11 : 5:00pm-7:45pm
Honan Allston Branch Library, 300 North Harvard St., Allston

How to Live Within Your Means
A two-hour seminar to help you evaluate your current financial status, and learn how to adjust your finances to accommodate your situation.
February 20: 6:30pm-8:30pm
Uphams Corner Health Ctr, 415 Columbia Rd - Dorchester

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Department of Neighborhood Development

at home with metro

Living with exposed brick

Homeowners are often stumped when it comes to decorating with exposed brick Here's how to make the charming feature work for you

THOMAS COOPER FOR STREETEASY

Streeteasy.com *is a New York-based real estate information portal that aggregates the most comprehensive set of sale and rental listings along with other useful info.*

Tip 1

Exposed brick can make a beautiful backdrop for dramatic elements, as seen in the dining room of this loft. Here, the brick is paired with a horizontal mirror and a modern light fixture to create a stylish dining nook. The mirror adds depth and keeps the space bright and airy while enhancing the fixture's illumination.

▶ The mellow exposed brick is the perfect backdrop for a dramatic light fixture.

Depending on how you style it, exposed brick can give your home either a modern, loft-like feel or channel a rustic and traditional vibe. We take a close look at three homes to see how their owners decorated around this unique design feature.

PHOTOS COURTESY OF THOMAS COOPER

Tip 3

▶ Earthy exposed brick complements a traditional aesthetic.

Create a clean, modern look with exposed brick by keeping the room in a monochrome palette. The cowhide recliner adds some punch to this room, but its color scheme keeps with the steely blacks, unfussy whites and cool grays. The exposed brick wall adds texture without detracting from the room's almost spartan aesthetic.

Tip 2

Exposed brick can complement a traditional or rustic aesthetic. The dusty eggshell blues and beiges of these walls, linens and rug pick up on the lovely tones natural to exposed brick. The understated floral theme of the rug and bedspread further accentuate the brick's earthiness and warmth.

Metro Boston

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By Attorney George Warshaw

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There are several exceptions that may make a visit to a lawyer worthwhile. If you acquired your marital home before February 11, 1980 or were originally deeded your home as joint tenants or tenants in common, consult a real estate lawyer to upgrade your ownership. © 2013 George Warshaw.

GWA

George Warshaw is a well-known attorney and author. He represents buyers and sellers of homes and condos in Massachusetts, and prepares wills, trusts, and estate plans. George welcomes new clients and questions. Contact him at metro@warshawlaw.com.

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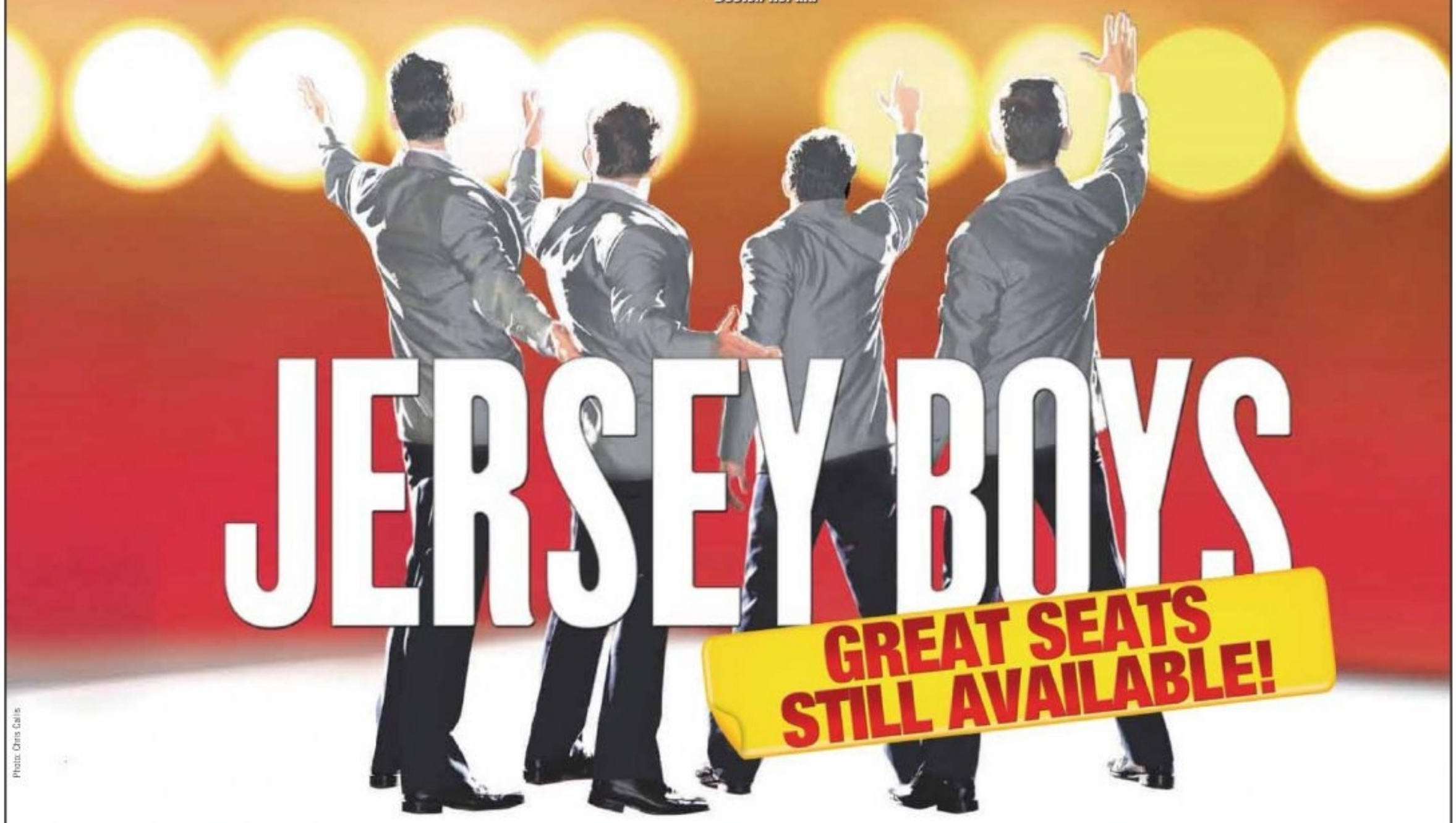

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